

Motivation for Treatment Engagement and Behaviour Change

Researchers in Addictions, Health and Forensic psychology at University of Wales Institute Cardiff (UWIC) are delighted to be hosting an ESRC seminar series examining current research and practice in motivation for treatment engagement and behaviour change, across disciplines.

Attendance is free for all delegates, but registration is required.

Hard to treat clients can be difficult to engage regardless of whether they are treated by addictions experts, health professionals or forensic specialists. These seminars are aimed at practitioners and academics across disciplines and will enable delegates to challenge their current thinking and practice with their clients.

The Process of Change – Tuesday 5th January 2010.

Speakers include:

Dr Jason Davies, Consultant Clinical and Forensic Psychologist, Abertawe Bro Morgannwg University NHS Trust (Forensic Psychology specialism) Professor Stuart Biddle, Loughborough University (Professor of Exercise and Sport Psychology)

Treatment Readiness – Tuesday 30th March 2010

Speakers include:

Professor Kevin Howells, Nottingham University (Professor of Clinical/Forensic Psychology); Associate Professor Andrew Day, Deacon University, Melbourne, Australia (Forensic Psychology specialism)

Goal Based Approaches – Friday 18th June 2010

Speakers include:

Professor Mary McMurrin, Nottingham University (Professor of Personality Disorder Research); Professor Miles Cox, Bangor University (Professor of Addictive Behaviours)

Motivational Interviewing – 8th September 2010

Speakers include:

Professor Stephen Rollnick, Cardiff University (Professor in Primary Care and Public Health); Dr Pamela Roberts, Consultant Clinical Psychologist, Cardiff & Vale NHS Trust (Addictions specialism)

Systemic Approaches – date to be confirmed (December 2010)

Dr Andrea Davies and Dr John Doran, The Forge Centre, Community Mental Health Team

Future Directions – date to be confirmed (Easter 2011)

Speakers to be confirmed

Details will be updated regularly on the Psychology Research website
<http://www3.uwic.ac.uk/english/health/research/psyr/pages/esrcpsychologyseminars.aspx>

For more information and an ESRC Seminar Registration form, please email Jackie Michell at :
JMichell@uwic.ac.uk.